By 2030, the UK could require up to 7 million hectares of additional land to meet a growing population’s food, space and renewable energy needs, while increasing the area needed to protect nature and its services. (Cambridge Institute for Sustainability Leadership)

What can you do?
Talk about it to your family, friends, colleagues, contacts, MPs, religious leaders etc.

Join Population Matters to give us a louder voice. You can join on line via our website or by writing to the address below.

Join a local group. See details on our website.

Become a volunteer and help us in our work. There are opportunities for everyone, whatever their skills or available time.

In the two minutes it has taken you to read this leaflet, the world population has increased by 300. Help us to move things in a better direction.

www.populationmatters.org

www.twitter.com/PopnMatters

www.facebook.com/PopulationMatters
World population is increasing by 80 million a year (United Nations). The UK population in 2013 is 64 million, but on present trends could become 77 million by 2050 (Office for National Statistics).

What is Population Matters?
Population Matters is a UK based charity that campaigns, engages in research and educates. We work to persuade our Government and citizens to embrace the desirability of smaller and therefore more sustainable families worldwide. We are linked to similar organisations in other countries.

What is our message?
• That we can reduce the impact on the environment and wildlife, the depletion of resources and the degradation of our quality of life by encouraging less waste, more equal distribution of resources and above all a smaller family size.
• That conflicts are worsened, or are caused, by ever-growing population pressure.
• That immigration should not exceed emigration, with priority given to genuine refugees.

We believe that everyone should have freedom of choice. We respect individual views but we ask everyone to consider the impact on the quality of life of their family and neighbours and on the environment as a whole if they have a large number of children in an already overcrowded world.

What can be done globally?
Provide Family Planning and information for the more than 200 million women who have an unmet need for modern contraception and who do not wish to become pregnant.

Promote education and empowerment for women and girls, who all too often are denied control of their own bodies:

“The men here decide when you have sex, when you have kids, and how many kids you have. Here, women have no say.”
Fainess Mwenechanya, a UNFPA international midwifery tutor in the north-western town of Wau, S Sudan.
(UN Fund for Population Activities)

What can be done in the UK?
Improve sex and relationship education in schools to ensure that everyone has informed access to all family planning methods and that they can make responsible decisions when considering having children.

Convince MPs that our best hope for a decent quality of life in the future lies in developing a Population Policy matching numbers to dwindling resources, and in making the public aware of the reasons for such a policy.

Population growth is the main driver of household growth, accounting for nearly three-quarters of the increase in households between 2008 and 2033.
(Office for National Statistics)